



COVID-19 School Plan (CSP)

2022-2023

Aliso Viejo Christian School, in response to the continued impact of COVID-19 on our community, has developed the following extensive plan of action for school.

The following plan addresses the use of facilities, health and safety protocols for students and staff of AVCS, cleaning/disinfecting of classrooms and common surfaces. Adherence to the plan and responsible party ensures that AVCS is following the current HIPAA and FERPA laws as required by law.

Questions regarding the COVID-19 plan, or questions regarding HIPAA and FERPA laws should be directed to Sherrel Parnell. In the event that Sherrel Parnell is absent or unavailable, questions or concerns should be directed to Meredith Arldt, Assistant Principal.

While much has been learned by the various health organizations regarding COVID-19 and the spread of this virus, this document may be updated periodically as new information is collected, additional practices are deemed beneficial, or the impact on the local community changes. Changes to this document will be provided to families and staff as necessary.

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Part 1: General Information

AVCS has developed processes specific to student and staff health to maintain a safe school environment. These processes are to be followed daily and for any additional and/or after school events as directed by administration. Specifics regarding the processes and procedures can be found in Part Six (6) of this document.

Part 2: Healthy Hygiene Practices

AVCS will teach and reinforce washing of hands, avoiding contact with eyes, nose, and mouth, and covering coughs and sneezes.

- Students will be taught and staff will be reminded to use tissue to wipe noses and to cough/sneeze inside a tissue or into their elbow.
- Students and staff will be reminded to wash hands before and after eating; after coughing or sneezing; after being outside; and after using the restroom.
- Students and staff should wash hands for twenty (20) seconds with soap, rubbing thoroughly after application, and use paper towels to dry hands thoroughly.
- Staff should model and practice handwashing and use bathroom time as an opportunity to reinforce healthy habits and monitor proper handwashing.
- Staff and students will be instructed to use hand sanitizer when handwashing is not practicable. Hand sanitizer must be rubbed into hand until completely dry.

Face Masks:

- Students and staff are not required, but may be worn if preferred (recommended by Department of Public Health).

Part 3: Cleaning, Disinfecting, and Ventilation of campus

- AVCS will Fog internal classroom spaces and hallways on a regular basis using a commercial grade fogging cleanser.
- AVCS staff will clean and disinfect frequently-touched surfaces within school throughout the day.
- Frequently-touched surfaces include:

- Door handles
- Light switches
- Tables
- Student desks
- Student chairs
- Faucets
- Proper disinfecting of hard surfaces using disinfecting wipes requires that the surface maintain a wet appearance for a minimum of 5 minutes in order to properly eliminate any germs.

Part 4: Educating Staff and Families

- AVCS Staff will be required to attend training at the start of school and throughout the school year on practices and procedures for staff, student and school safety specific to COVID-19.
- Training will include:
 - Sanitation practices

Part 5: Signs and Symptoms



| COVID-19 Symptoms | | |
|---|----------------------------|------------------------------|
| ● Fever 100.4 or higher in the last 24 hours | ● Muscle or body aches | ● Nausea or vomiting |
| ● Cough | ● Headaches | ● Diarrhea |
| ● Shortness of breath or difficulty breathing | ● Sore throat | ● New loss of taste or smell |
| ● Chills/unexplained fatigue | ● Congestion or runny nose | ● Gastro-Intestinal Issues |

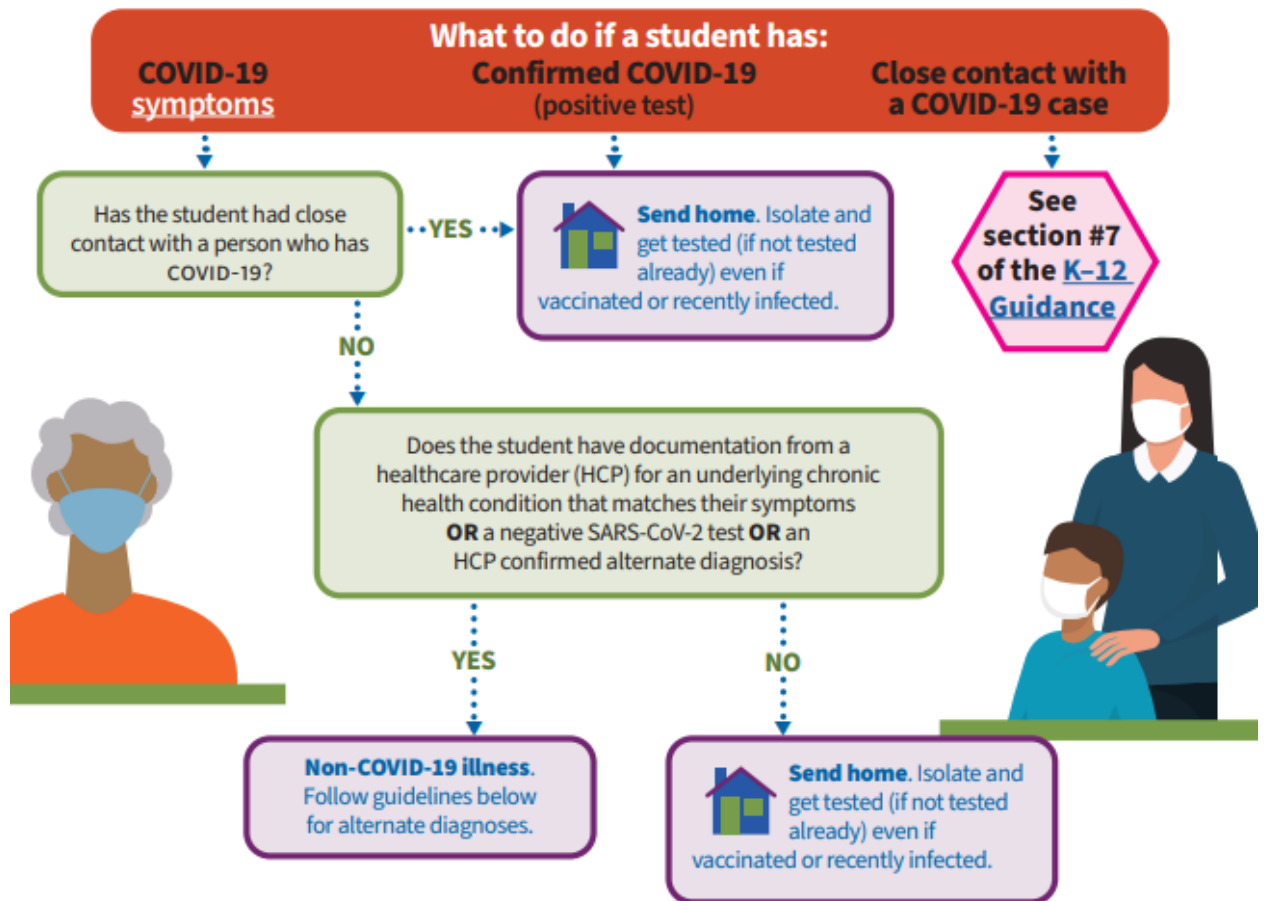
- AVCS will not discriminate against students, families, or staff who were/are diagnosed with COVID-19.
- For students or staff that are COVID-19 positive or have symptoms, the length of the quarantine is now 5 days if:
 - The student has improved symptoms and is fever free without medication for at least 24 hours.

- If a COVID test is accessible, we are requesting a negative result before returning to school.
- Students exposed to a COVID positive person may continue to attend school if masked for 10 days from the day of exposure.
- Staff exposed to a COVID positive person may continue to work. No need to quarantine if:
 - Test within 3-5 days after last exposure (recommended)
 - Wear face covering around others for 10 days after exposure
 - If symptoms develop, must stay home and get tested.
- AVCS has developed policies that encourage sick staff and students to stay home without fear or reprisal. Families should communicate absences to teachers. In the case of a long-term absence families should notify both the teacher and the administration of the reasoning for the absence.
- AVCS will document/track incidents of possible exposure and notify appropriate entities of any positive cases of COVID-19 while maintaining confidentiality, as required under FERPA and HIPAA laws.
- In the case of a student exhibiting symptoms of COVID-19, Sherrel Parnell or a designated staff member will communicate with the parent/caregiver regarding the next steps for student and community safety.
- AVCS will monitor staff and students throughout the day. If signs of illness present; staff and students with a fever of 100.4 or higher will be sent home.
- AVCS will not penalize students or families for missing class.

Part 6: Plans for When a Staff Member or Child Becomes Sick with COVID-19

- Sick individuals and anyone exhibiting signs of COVID-19 will be required to wear a face covering and to wait in an isolated area until they can be transported home or to a healthcare facility.

Managing confirmed or suspected COVID-19 at K-12 schools



Positive or no test: Stay home for at least 5 days after symptoms start (or after positive test if no symptoms). Isolation can end after day 5 **IF** fever-free with no (or resolving) symptoms **AND** a test (antigen preferred) on day 5 or later is negative. If no test or a positive test on day 5 or later, or symptoms not resolving, isolate through day 10, continuing until fever-free.

Negative test or alternate diagnosis (with no previous positive test): May return to in-person instruction if fever-free (no fever for previous 24 hours, without using fever-reducing medication) **AND** other symptoms improving.

For more detailed information and guidelines, see [CDPH Schools Guidance](#) and [CDPH Isolation & Quarantine Guidance](#).

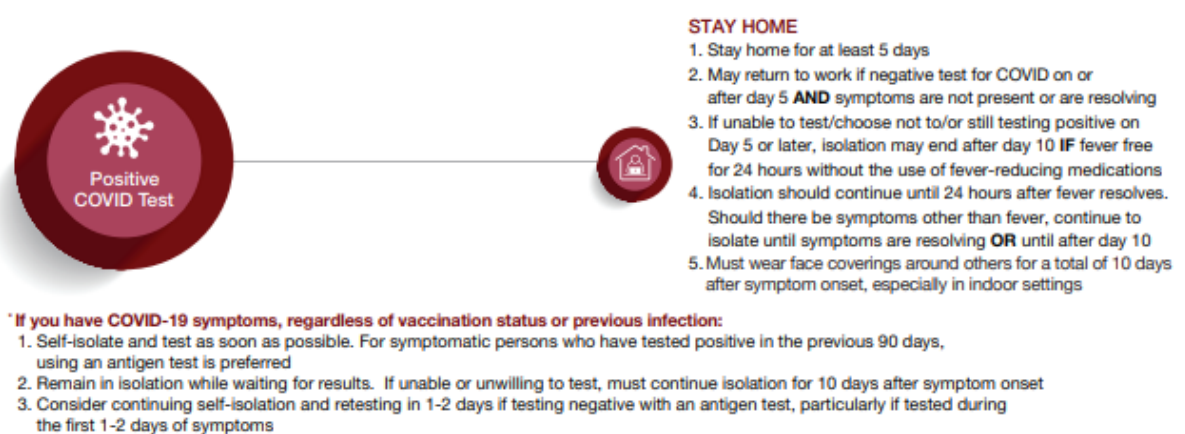
Staff and employers are subject to Cal/OSHA [COVID-19 ETS](#) or [Aerosol Transmissible Diseases](#) standard and should review those requirements.



- Close contact: Someone sharing the same indoor airspace, e.g., home, clinic waiting room, airplane etc., for a cumulative total of 15 minutes or more over a 24-hour period (for example, three individual 5-minute exposures

for a total of 15 minutes) during an infected person's (laboratory-confirmed or a clinical diagnosis) Infectious period.

- Close contact guidelines: notification and remind all to monitor for symptoms and recommend getting tested in 3-5 days after exposure. If they remain without symptoms, students may continue to take part in all aspects of K–12 schooling including sports and extracurricular activities. In the case of a staff member or student showing symptoms of COVID-19, AVCS will communicate with the identified Emergency Contact, as appropriate.
- Sick staff and students are not to return until they have met CDC criteria to discontinue home isolation, including 3 days with no fever, symptoms have improved and 10 days have passed since symptoms first appeared.



Part 7: Maintaining Healthy Operations

- AVCS will monitor staff absenteeism.
- In the case of a long-term absence, AVCS will assign a long-term sub. In the case in which a long-term sub cannot be found, AVCS enrichment teachers or Instructional Assistants may be asked to serve as the long-term substitute teacher.
- Sherrel Parnell will serve as the designated staff liaison and will be the responsible party for responding to COVID-19 concerns. Employees will be notified on how to best contact her.
- AVCS will provide notifications of exposures and closures, while maintaining confidentiality, as required by FERPA and state laws.